

Solle Naturals

SOLLE GOODTRACT

Whole-Body Detoxification 14 - Day Cleanse/Purify

READY:

For a *seasonal cleanse* of the colon and to *detoxify* the whole body?

This combination of supplements will get you on a "GOODTRACT" with your health goals.

**(As always, check with your health professional before beginning a cleanse.)*

SET:

One-day prior to cleanse eat clean with fruits, vegetables, and easily digestible protein.

GO:

Each morning upon arising (*or wait two hours after taking any morning prescriptions*), and again, each evening before dinner or before retiring for bed

1. Mix the following in a pint jar or small blender container. Stir or blend well;

Drink all of the mixture immediately!

- 4 oz. of filtered or distilled water, apple, pineapple or grape juice
- 1 scoop GoodFibrations - Harmonizing Fibers
- ½ or 1 pack Solle Vital - Balance Formula

***Follow with an 8-ounce glass of filtered or distilled water.**

2. Take the following capsules:

- 1 capsule of Solle FasTract - Colon Activator
- 1 capsule of AmiTox DC - Clarifying Detox



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DAILY SCHEDULE*

Product	Morning	Evening	
GoodFibrations			
Solle Vital			
Solle FasTract			
AmiTox DC			

Experience Solle Cleanse Users

Product	Morning	Evening	
GoodFibrations	1 scoop	1 scoop	
Solle Vital	1 packet	1 packet	
Solle FasTract	1 capsule	2 capsules	
AmiTox DC	1 capsule	2 capsules	

First Time Users & Elderly over 65

Product	Morning	Evening	
GoodFibrations	1 scoop	1 scoop	
Solle Vital	½ packet	½ packet	
Solle FasTract	1 capsule	1 capsule	
AmiTox DC	1 capsule	1 capsule	



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