



# GoodTract

## 14 Day Cleanse Package

The GoodTract 14 Day Cleanse Package is a product package designed to cleanse the colon and detoxify the whole body! This combination of supplements will get you on a "GOODTRACT" toward your health goals.

### 5 Key Benefits

#### SolleVital®

- Detoxing:** Chlorophyll is great at helping the body eliminate toxins
- Alkalinizing:** The plants included in Solle Vital are very alkalinizing, which promotes a feeling of well-being.
- Recovery:** Restores minerals and helps to oxygenate blood.
- Balancing:** Helps the body to balance and elevate your mood and to have a healthy stress response.
- Energy:** Adaptogens help the body maintain energy levels throughout the day.

#### FasTract®

- Laxative:** helps stimulate the mucosal lining of the colon
- Cleansing:** activates the colon to help reduce transit time
- Intestinal Support:** helps soothe and build the intestinal system
- Adaptogen:** neuro-protective benefits supporting mood, memory and conditions of inflammation.
- Prime Chlorophyll Blend:** helps detoxify, alkalize and create a feeling of well-being

#### AmiTox DC®

- Detoxifying:** contains specific ingredients that help detoxify organs throughout the body
- Cleansing:** supports lymphatic, blood, liver, intestinal and colon cleansing
- Liver Support:** helps the body support healthy liver function
- Parasites:** helps the body create an unfriendly environment for parasites
- Skin:** helps the body detoxify the skin, helping support issues including eczema and psoriasis

#### GoodFibrations®

- Soothing:** contains herbs and fibers that help settle and soothe the stomach and digestive tract
- Tastes Great!** Uniquely formulated with Ginger and Pear for a great-tasting experience
- Cleansing:** the different types and sizes of fibers in GoodFibrations help cleanse and detox your digestive and intestinal systems
- Detoxifying:** helps the body sweep the intestinal tract to reduce transit time in the colon
- Cholesterol:** contains 6 grams of fiber per serving to help your body maintain healthy cholesterol levels.

### Protocol:

- Wake up-** Drink 10 ounces of water
- Before Breakfast -** Good Fibrations - Mix 1 scoop in 10 ounces of water  
FasTract – 3 capsules\*
- 7 am – 10 am -** Solle Vital - 1 packet in 16-20 ounces of water
- 1 pm – 4 pm-** Solle Vital - 1 packet in 16-20 ounces of water
- Before Dinner -** Good Fibrations - Mix 1 scoop in 10 ounces of water  
(15-30 min) Followed by 10 more ounces of water
- Before Bedtime -** AmiTox DC - 3 capsules\*

\*Adjust as necessary to assure 3 bowel movements per day.

