Solle LongeviD3

Live Forward

Live Forward! When it comes to our health, we may not be able to go back and fix past mistakes, but we can make changes today that can greatly improve our quality of life now AND build a solid foundation for our future health. Solle LongeviD provides 1000 IU of plant sourced Vitamin D3 per capsule. Vitamin D3 is an essential nutrient with a number of proven protective benefits in key areas of health such as immune, bone and joint, and emotional wellness, to name just three. LongeviD contains other ingredients like alfalfa and plantain that are high in trace minerals, and it even includes a unique probiotic strain which aids in nutritional absorption. And when it comes to adaptogens, when you take LongeviD you are…well Gud to Go! Both Guduchi and Goji fruit (also known as Lycium or wolfberry) are nutritionally dense adaptogenic herbs that can help boost stamina, lift your mood and strengthen your immune response. Adding Solle LongeviD to your daily regimen is like taking out an insurance policy on your future wellness. So, start living forward with LongeviD!

Ingredients

Reindeer Lichen Extract (Cladonia rangiferina)
(Contains 1,000 IU of natural plant-sourced Vitamin D3 per Capsule) The natives of the North used it to battle colds, arthritis, and fevers. It has also been used as a poultice to alleviate the pains of arthritic joints. Researchers recently discovered that bitter acids in lichen presented antibacterial properties to fight against digestive tract infections.

Plantain Leaf
Studies have suggested Plantain Leaf may aid in wound healing, potentially due to its anti-inflammatory, anti-bacterial, anti-fungal, antioxidant, anti-ulcerative, astringent properties. It may also act as a pain reliever (analgesic agent), as well as exhibit immunomodulatory properties, and is high in trace minerals.

Alfalfa Whole Plant Powder
Rich in protein, as well as vitamins A, C and K, Alfalfa is a nutritious whole food, packed with antioxidants and minerals including magnesium, calcium and iron. Heavy in phytoestrogens, alfalfa is used in the treatment of menopause symptoms to combat estrogen deficiency. It is also a popular tonic for flushing the body of toxins.

Goji Berries
Also known as Lycium Barbarum, the Goji Berry is native to Asia, and the people on that continent have been using this brightly colored fruit for more than 2,000 years as a medicinal herb and highly nutritive food supplement. Goji's adaptogenic benefits range from anti-aging effects to glucose regulation and immune system support.

Guduchi
An adaptogen and one of the most highly revered plants in Ayurveda, Guduchi is also referred to as "Heavenly Elixir" and the "Nectar of Life and Immunity". It has also been described as "one which protects the body". In Ayurvedic Medicine, Guduchi is classed as bitter and astringent with a special action to destroy toxins – both internally and externally. It is has been traditionally used to promote life and longevity, increase strength, increase appetite, as an aphrodisiac, a blood cleanser, digestive aid and to alleviate skin disorders..

P. freudenreichi
P. freudenreichi is an anti-viral and anti-fungal probiotic strain that inhibits the growth of yeast and mold and generates short-chain fatty acids which protect the intestinal lining. This unique strain produces conjugated linoleic acid (CLA) which can then be converted into DHA and/or EPA. It also supports absorption of calcium, magnesium and potassium and is the only microorganism that has been both granted GRAS status and shown to produce the active form of vitamin B12.

Organic MCT Oil Extract
As the name suggests, medium-chain triglyceride (MCT) oil contains medium-length chains of fats called triglycerides. Due to their shorter length, MCTs are more easily digested than longer-chain fatty acids found in many other foods. MCT oil is easily absorbed and transported throughout the body. It can be used as an instant source of energy or can be converted into ketones. MCT oil could potentially help manage diabetes by reducing fat storage and increasing fat burning. It may also help manage blood sugar.

The Solle Difference

We combine concentrated extracts with whole plant powders for maximum assimilation, always including adaptogens for complete mind and body nutrition. In addition, our plant sourced vitamin D3 provides a new, better option for the daily intake of this nutrient critical to overall wellness.

5 key benefits for LongeviD3

Immune: D3 and adaptogens enhance and modulate immune system performance.

Bones/Joints: D3 and co-factors enabled by the probiotics enhance absorption of key minerals like calcium and magnesium, which are present in Alfalfa and Plantain.

Mental Outlook: D3 and adaptogens play a key role in stress response and mood strength.

Daily Nutrition: Nutrient dense ingredients like Goji, Alfalfa and Plantain provide rich sources of vitamins and minerals often missing in our diet.

Respiratory: Adaptogens in this formula support a healthy respiratory response in times of illness and allergies.

Product Use

Take two vegetable capsules daily with water.

Complementary Product

Combine with SolleMegas® and SolleFlex PI® for a balanced, super-charged program for comfort, a positive outlook and quality of life now, and prevention planning for the future! And, you can jump-start your program with the Solle Courage® Compass blend.

Solle NATURALS

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